

Clark County Parks and Recreation Presents:

# Moapa Valley Recreation & Senior Center Winter

## Moapa Valley Recreation Center Hours

Center Hours: Monday— Friday 6:00 AM to 6:00PM  
 Senior Hours: Monday — Friday 6:00 AM to 2:00 PM  
 Youth Hours: Monday — Friday 2:00 PM to 6:00 PM

Session 1	Session 2
Registration Dates : November 25th to January 6th	Registration Dates: February 3rd to February 24th
Class Dates: January 6th to February 14th	Class Dates: February 24th to April 3rd
Closure Dates: Dec. 25th, Jan. 1st , Jan. 20th, Feb. 17th	



## Early Childhood Activities

**Block Play**                      Monday & Wednesday 2:30 PM — 3:30 PM                      Ages 1-4                      Free

Come join us Friday afternoons and play with a variety of buildable & stackable toys. Including: Building Blocks, Squigz, Gears and Tinker Toys. Parents must be present and participate during the activity. This is an unstructured program where participants may come and go anytime during the scheduled play time.

**Obstacles & Relays**                      Monday                      1:45 PM — 2:30 PM                      Ages 3-5                      \$20

Enjoy fun relay races, obstacle courses and games. The high energy activities and obstacle courses challenge participants balance, coordination and problem solving.

**Tiny Tot Sports**                      Wednesday                      1:45 PM — 2:30 PM                      Ages 3-5                      \$20

Enjoy fun games and activities each week that are based on various sports including: soccer, basketball, softball and hockey.



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# Youth/Teen Programs

## OPEN RECREATION

**Monday - Friday 2:30 pm to 6:00 pm Ages: 6-17**

Moapa Valley Recreation Center's open recreation program is a FREE drop in program that is supervised by staff, and provides board games, crafts, video games, foosball and ping pong tables. All participants may come and go as they please. Participants are also invited to join in staff organized activities.

Parents **MUST** complete a registration form prior to the child's participation.

Registration forms may be picked up and returned to the Moapa Valley Recreation Center.

Children are required to sign themselves in and out of the program.

Youth Boxing	Monday	4:00 PM to 5:30 PM	10-17	\$30
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Learn the fundamentals of boxing. Participants will learn proper footwork, punching technique and knowledge about the sport of boxing. All of this while getting a full body work out.  
(Session 1 will be \$25 Session 1 due to 5 week Session)



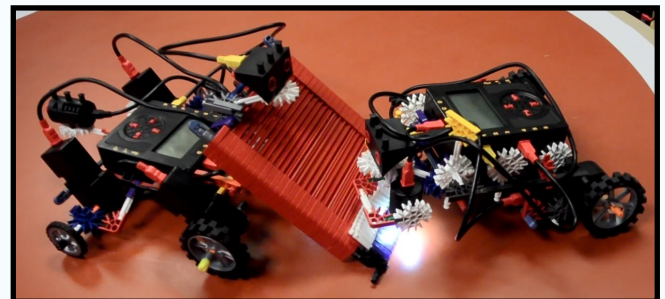
Tumbling Kinder	Monday	4:30 PM — 5:30 PM	Kindergarten	\$25
Tumbling Beginner	Monday	3:30 PM — 4:30 PM	1st—5th Grade	\$25
Tumbling Intermediate	Wednesday	3:30 PM— 4:45 PM	1st—5th Grade	\$30
Tumbling Intermediate II	Wednesday	4:45 PM— 6:00 PM	1st—5th Grade	\$30
Tumbling Team	Tuesday & Thursday	3:30 PM — 5:00 PM	1st—5th Grade	\$45
Tumbling Mini Team	Friday	3:30 PM—4:45 PM	Kinder—1st Grade	\$30

Current Participants get priority registration. Please register for waitlist if program fills.

These classes cover all the basics of running and standing tumbling such as handstands, cartwheels, round-offs and back handsprings. In the beginner class we focus on form and technique. Classes are held at Grant Bowler Elementary School.

Robot Sumo	Wednesday	4:15 PM—5:15 PM	Ages 8-14	\$25
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This class helps participants learn how to build a sumo robot out of KNEX and program the various sensors. Participants will challenge their robot against various obstacles and use their robots in a pushing match against one another's robots.



Piano	Ages 8+	\$65
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Clark County Parks and Recreation is offering 30 minute private piano lessons with instructor Martha Ham. Lessons are for beginner piano players or for those who are looking to start learning how to play.  
(Classes can be scheduled Tuesdays between 2:30 pm to 6:00 pm)



## Adult/ Senior Exercise

<b>Exercise</b>	<b>Monday—Friday</b>	<b>7:30 AM — 8:10 AM</b>	<b>Ages 18+</b>
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This program shows a variety of exercise videos that help guide your morning exercise. Please call United Seniors Inc. for more information at (702)397-8002.

<b>Chair Dancing</b>	<b>Monday—Friday</b>	<b>8:10 AM — 8:30 AM</b>	<b>Ages 18+</b>
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This program provides a great work out from a mostly sitting position, accompanied by energizing music. Please call United Seniors Inc. for more information at (702)397-8002.

<b>Yoga</b>	<b>Monday—Friday</b>	<b>8:30 AM — 9:30 AM</b>	<b>Ages 18+</b>
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Start your morning off with a series of poses to stretch and strengthen your body. Please call United Seniors Inc. for more information at (702)397-8002.

<b>Beginner Line Dancing</b>	<b>Tuesday / Thursday</b>	<b>9:30 AM — 10:00 AM</b>	<b>Ages 18+</b>
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Beginner Line Dancing will have you moving with engaging music and fun routines. Please call United Seniors Inc. for more information at (702)397-8002.

<b>Advanced Line Dancing</b>	<b>Tuesday / Thursday</b>	<b>10:00 AM — 11:00 AM</b>	<b>Ages 18+</b>
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Advanced Line Dancing is for those who are ready to take it to the next level with more challenging and fast paced routines . Please call United Seniors Inc. for more information at (702)397-8002.

<b>Wii Bowling</b>	<b>Tuesday &amp; Thursday</b>	<b>1:00 PM — 2:00 PM</b>	<b>Ages 55+</b>	<b>Free</b>
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Wii bowling is a fun and entertaining way to spend an afternoon. Wii bowling participants will have opportunities to represent the Moapa Valley Recreation Center in county wide tournaments throughout the year. Participants must register for each session they wish to participate in.

<b>Billiards Room</b>	<b>Monday—Friday</b>	<b>7:00 AM—2:00 PM</b>	<b>Ages 18+</b>
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The Moapa Valley Recreation Center has a billiards room with two billiard tables for those who enjoy playing billiards. Please call United Seniors Inc. for more information at (702)397-8002.

## Adult/ Senior Card Games

<b>Pinochle</b>	<b>Tuesday / Thursday</b>	<b>5:00 PM—7:00 PM</b>	<b>Ages 21+</b>
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Keep your mind sharp by exercising it with the fun, social card game of Pinochle on Tuesdays. Please call United Seniors Inc. for more information at (702)397-8002.

<b>Bingo</b>	<b>Wednesday</b>	<b>7:00pm—9:00 pm</b>	<b>Ages 21 +</b>
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Make your Wednesday night a fun one with a social night of Bingo at the Moapa Valley Recreation Center. Please call United Seniors Inc. for more information at (702)397-8002.

<b>Texas Hold 'em</b>	<b>Friday</b>	<b>6:30 PM—8:00 PM</b>	<b>Ages 21+</b>
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Bring your friends and join us Friday nights for Texas Hold'em. Please call United Seniors Inc. for more information at (702)397-8002.

## Activity Clubs

Painting Outside the Lines Art Club	Tuesday	4:30 PM — 5:30 PM	Ages 16+	Free
Crochet Social Club	Wednesday	2:30 PM — 4:00 PM	Ages 16+	Free

Activity clubs are participant lead programs that allow participants to work on their own projects in a social setting. Participants must provide their own supplies. Registration is required.

## Community Events



Karaoke	Friday	4:00 PM— 6:00 PM	FREE
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December 27th , January 24th, February 21st, March 20th

Do you love to sing? Do you enjoy music? Come out and join the party at our Karaoke night. Grab your friends, pick a song, and have a great time. We have a large selection of songs to choose from and you can call and request a song prior to the event. Please call the Parks and Recreation office at (702)398-7480.

<b>Santa's Workshop</b>	<b>December 5th, 11:00 am to 12:00 pm</b>
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Join Commissioner Kirkpatrick, United Seniors Inc. and Parks & Recreation as we celebrate the holidays decorating sugar cookies. Please dress in your favorite festive holiday outfits & costumes. Can't make it for the cookies? Santa will be visiting the center from 12:00pm to 5:00 pm.

### PARK PALS

Pinecone Tree Ornament	Overton Park	Monday December 23th	10:30 am to 11:30 am
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Park Pals is a series of activities that will take place at various parks around the Moapa Valley. Activities are free and are geared towards different age groups. Please contact the Parks and Recreation office at 702-398-7480 for more information.

## Senior Field Trips

Glittering Lights Trip	December 2nd & December 9th	3:30 PM—8:00 PM
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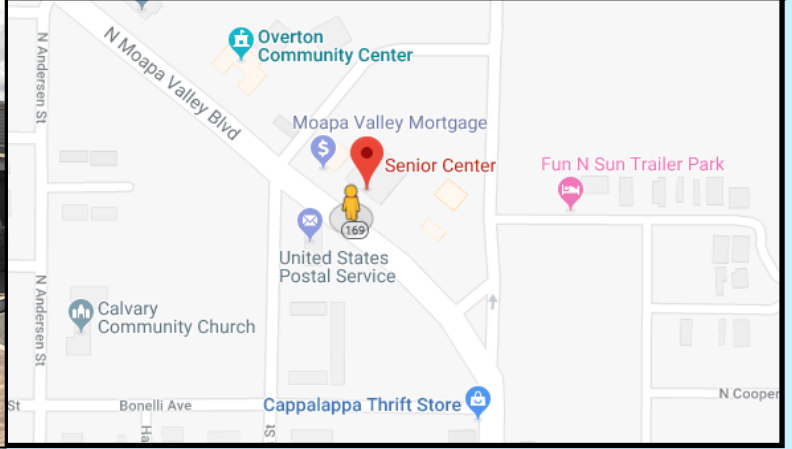
Join us as we visit the Las Vegas Motor Speedway and drive through the huge lights display, followed by a stop for dinner.

Ethel M Cactus Garden	December 6th	3:30 PM—8:00 PM
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Join us as we visit the Ethel M Chocolate Factory & Cactus Garden lights display, followed by a stop for dinner.

Callville Bay Dock of Lights	December 14th	2:30 PM—8:00 PM
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Join us as we visit Callville Bay in Lake Mead recreational area to view boats decorated for the holidays and eat dinner. Please call 702-397-8002 for more information.



## Registration Information

Clark County Parks and Recreation offers three different options for registration: mail-in, online, or walk-in registration.

Register Online at : <http://www.ClarkCountyNV.gov/Parks> click on the registration icon



Mail-In at : PO Box 327, Logandale, NV 89021

Walk-In at : Moapa Valley Recreation & Senior Center  
325 N Cooper St, Overton, NV 89040  
(702) 397-8002

Parks & Recreation Office  
1301 W Whipple, Logandale, NV89021  
(702) 398-7480

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Class Dates: January 6th to February 14th	Class Dates: February 24th to April 3rd

Clark County Parks and Recreation and United Seniors Inc. will be working together to provide new programs and activities for the Moapa Valley Recreation Center, previously known as the Moapa Valley Senior Center. Please use the suggestion boxes at the Fairgrounds Office or the Moapa Valley Recreation Center to make suggestion on programs you would like to see or call our office at 702-398-7480.

Programs offered are subject to change or cancelation based on enrollment.



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